

SPRING CLASSIC 5 PARKS FAMILY RIDE

SUNDAY 28th APRIL 2019

START TIME: 10.15 AM

Please read the following document carefully.

Directions to Markeaton Park

Sat Nav DE22 4NH will take you to Markeaton Lane, the Mundy Play Centre and Craft Village car park is on the left-hand side if you are approaching from Kedleston Road end.

Car Parking

Mundy Play Centre and Craft Village Car Parks are the official car parks for the event and can be accessed from Markeaton Lane.

Height restriction barrier at the exit to car park 2.2m

Car parking charges 2 hours £2.20, 4 hours £3.60 Max £4.70

Approx 700 spaces

Sat Nav DE22 4NH

As you enter the car park, look out for the signs on the right-hand side pointing you towards "Craft Village overflow" as this is the nearest car park to Event HQ.

Markeaton Park is an open public space managed by Derby City Council, therefore, we have no control over parking charges. The main car park is available to park in but this **also has a height restriction barrier of 2.2m** and also has a charge of £4.70 per day.

PLEASE NOTE THAT PARK RANGERS WILL CLOSE AND LOCK THE CAR PARKS AT 18:30.

Registration & Chip Collection

Registration for the family ride will take place in the Craft Village Visitors Centre at the following times:

Saturday 27th April: 14:00 to 18:00

We would strongly recommend you pick your race pack up on Saturday as it will save you some time on Sunday.

Sunday 28th April: 09:30 to 10:00

When you arrive just give us your surname so we can find your number. Please check that you receive the following at registration:

1. Laminated rider number with cable ties
2. RED Wristband
3. Route maps and instructions



Rider Number

In your registration pack you will find a Rider Number and some twist ties to affix the number to the front of your bike on the handlebars, please make sure that the number is visible from the front, please note that wrapping around the stem will not make an aerodynamic advantage to your ride and will make it hard to view for us at the finish line.

Baggage

There is limited space for baggage however we can issue you with a ticket for your bag and it can be left in the Visitors Centre. All baggage is left at your own risk.

Event Village

Our event sponsor **SG-TTL** will have their Transformer vehicle in the Event Village – a great hit with the kids – but also cyclists will see a scaled model of a trailer/truck and where its blind spots are.

The **Derbyshire Sporting Joint** will be at the Event Village to ease away your aches and pains after your ride. They are also collecting for our partner charity **Ashgate Hospicecare**

Big Bobble Hats will be selling their extremely popular..... big bobble hats! *With 25% discount!!*

Bike Back Derby will be on hand to help you with any last minute bike maintenance issues, working alongside **Sustrans** and **Derby Cycling Group**.

EMMS will also have their medical tent in the event village, should you be in need of assistance.

Toilets

Toilets are situated in the Craft Village and the Mundy Play Centre. These will be open from 6.30am. There are also portable toilets available at your feed station at the Ostrich Inn, Longford.

Mechanical Assistance during the ride

Should you need mechanical assistance at any time during your ride, and it's something you can't fix yourself, phone the Hotline Contact Number **07895 926942**. Tell us your location and problem so that we can despatch the **Cycle Republic** vehicle out to where you are so they can hopefully fix the problem and you can continue your ride.

Should the problem be "unfixable", Cycle Republic will bring you and your bike back to Markeaton Park. But we hope this won't happen!

First Aid:

There will be a motorbike outrider who can act as first aider and mechanic. Should you have any problems please call the Hotline Contact Number **07895 926942** so we can alert him and send him your way.

EMMS first aid will also be attending in the Craft Village for the duration of the event.



What to do in case of an emergency:

If an emergency occurs dial 999 immediately; inform them of your location and the nature of the incident.

Then phone the Hotline Contact Number **07895 926942** to let the organisers know so that they can coordinate with the emergency services.

Start time 10.15 AM

The start is located just outside the Craft Village towards the side gates of the park. Assemble behind the start/finish gantry, facing in the direction of the park (you will be going in the opposite direction to the other rides).

The Route

The 5 Parks Ride is a short and easy ride taking you through many of the city's parks, open spaces, along the river and through the city centre. It uses a mixture of off-road paths and quiet roads and features several National Cycle Network paths.

The route will be fully signed before, at and after each junction. There may be other signs around but make sure you follow the ones with Cycle Derby Sportive written on them.

When you register, you will receive a route map with full instructions and the emergency hotline number in case you need any medical or mechanical help.

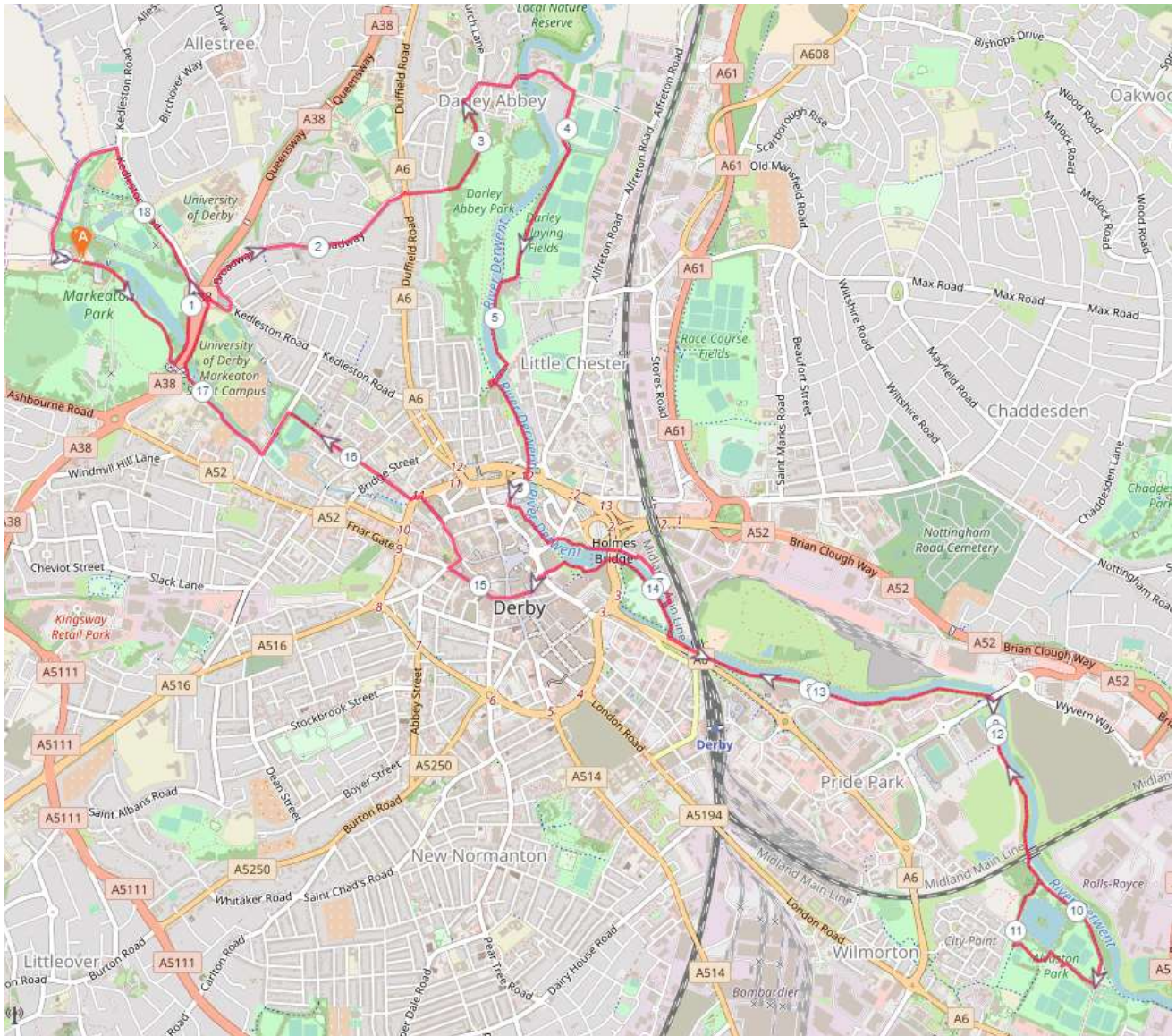
Please take care when crossing any roads and always use the pedestrian crossings.



Please observe the Highway Code at all times.

Five Parks Family Ride – Downloadable map: <https://www.plotaroute.com/route/808434>





Photography

Our official photographer, Geoff Ford will be at the start/finish line taking pictures of the event. These can be downloaded, for free, as soon as possible after the event. We will issue the link on your post-event email.

We also hope to take some unofficial photos at the feed stations. Obviously, if anyone has any good photos to share, we hope you will do so on our Facebook page after the event!

Selfie frames

Look out for our selfie frames in the Event Village – kindly provided by event partner Mercury AVS. Available before and after your ride, make sure you tag #cyclederbysportive #mercuryavs and #duffo when you post your pics on social media (so we can find them!!!)



Finish & Food!

The finish and start are located in the same place.

On finishing the ride you will receive your Sportive Medal and then you can head into the community room for your post-ride snack and hot/cold drink!

Please make sure you are wearing your wristband to ensure you are served food at the end of the event.

If, for any reason, you decide not to return to the finish at Markeaton Park can you please make us aware by calling us on 07895 926942.

Recommended equipment:

Water bottles for your bike, sunscreen, waterproofs, additional nutritional snacks, mobile phone, extra clothing, money or cash card, any personal medication and any appropriate tools and spares.

Rules of Participation:

- This is a challenge NOT a race; dangerous riding will not be tolerated.
- Helmets are compulsory.
- Riders are reminded that it is an offence to urinate in a public area. Toilets are available at the start/finish and at all feed stations.
- All entrants' bikes must be in good working condition for the event.
- Ride with care and attention to all other road users. Take special care around horses.
- Do not litter. It jeopardises the future of the event and ruins the beautiful countryside you have been cycling through.
- Do not ride more than two abreast and take care when overtaking other riders.
- Take care on the descents, some are steep and contain sharp bends.
- Clearly signal your intention to turn left or right to other road users. If you need to stop and you are in a group then raise your arm and shout "stopping".
- The judgement of event officials is final.

A huge thanks to our Event Sponsors and Partners as well as our fantastic team of volunteers who help make the event happen!

If you would like to make a donation to Ashgate Hospicecare, please visit their website - <https://www.ashgatehospicecare.org.uk/>

